

# Consent Form

For use of the Immediate Post-Concussion Assessment and Cognitive Testing (ImPACT)

I have read the attached information. I understand its contents. I have been given an opportunity to ask questions and all questions have been answered to my satisfaction. I agree to participate in the ImPACT Concussion Management Program.

Printed Name of Athlete

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Sport

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Signature of Athlete

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Date

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Signature of Parent

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Date



Dear Parent/Guardian,

Memorial Hermann Sports Medicine is offering an innovative program, ImPACT (Immediate Post Concussion Assessment and Cognitive Testing), for Spring Branch Memorial Sports Association athletes, ages 12 and older. ImPACT is a computerized exam utilized in many professional, collegiate, and high school sports programs across the country to successfully diagnose and manage concussions. If an athlete is believed to have suffered a head injury during play, ImPACT is used to help determine the severity of head injury and when the injury has fully healed.

The computerized exam is given to athletes before beginning contact sport practice or competition. This non-invasive test is set up in "video-game" type format and takes about 15-20 minutes to complete. It is simple, and actually many athletes enjoy the challenge of taking the test. Essentially, the ImPACT test is a pre-season physical of the brain. It tracks information such as memory, reaction time, speed, and concentration. It, however, is not an IQ test.

If a concussion is suspected, the athlete will be required to re-take the test. Both the pre-season and post-injury test data is interpreted by an ImPACT-certified physician and utilized to evaluate the injury; the information gathered can be also shared with your family doctor. The test data will enable these health professionals to determine when return-to-play is appropriate and safe for the injured athlete. If an injury of this nature occurs to your child, you will be promptly contacted with all the details.

ImPACT testing procedures are non-invasive, and they pose no risks to your child. We are excited to implement this program given that it provides us the best available information for managing concussions and preventing potential brain damage that can occur with multiple concussions. Spring Branch Memorial Sports Association and Memorial Hermann Sports Medicine strive to keep your child's health and safety at the forefront of the athletic experience. As part of an exclusive partnership, we are proud to offer this program to you.

**Please call 713.222.CARE to register your child for this event.**

- What:** ImPACT Baseline Testing
- Cost:** \$20/child\* *\*child must be at least 12 years of age*  
Cash or check only please- paid at time of service
- When:** Saturday, August 13<sup>th</sup>  
9 a.m.-1p.m - by reservation only
- Where:** MH Memorial City Medical Center  
Memorial Hermann Tower  
929 Gessner Rd.

Please sign and present the attached page on testing day. If you have any further questions regarding this program please feel free to contact Memorial Hermann's information line at 713.222.CARE (2273)

