

Dear SBMSA Parent,

Each year, there are approximately 3.8 million sports and recreation related concussions in the United States. Many mild concussions go undiagnosed and unreported. While some head injuries may appear mild, research has shown that concussions may have serious, long-term effects.

ImPACT™ (Immediate Post-Concussion Assessment and Cognitive Testing) is the first; most widely used, and most scientifically validated computerized concussion evaluation system. ImPACT™ testing is the gold standard used by professional organizations, including the NFL, MLS, and NBA, as well as colleges and schools nationwide.

ImPACT™ is a 20 minute computerized test developed to evaluate recovery following concussion. The ImPACT program evaluates and documents multiple aspects of neurocognitive functioning in athletes including:

- Attention span
- Working memory
- Sustained and selective attention time
- Response variability
- Non-verbal problem solving
- Reaction time

It is recommended that contact/collision sport athletes receive baseline testing before sport participation. In the event of a concussion, baseline results may then be compared to post-injury data to aid in assessment, modification of work-related activities, and eventual safe return to play.

As a component of our exclusive partnership with Spring Branch Memorial Sports Association, we proudly offer ImPACT Concussion testing for your child (12 years of age or older).

If you are interested in taking advantage of this opportunity, **please call 713.222.CARE to register your child for this event.**

- What:** ImPACT Baseline Testing
- Cost:** \$20/child* **child must be at least 12 years of age*
Cash or check only please- paid at time of service
- When:** Saturday, August 13th
9 a.m.-1 p.m. by reservation only
- Where:** MH Memorial City Medical Center
Memorial Hermann Tower
929 Gessner Rd.

If you have any additional questions or concerns, please feel free to contact me at mary.couvillion@memorialhermann.org

